



SAILING INSTRUCTIONS

CALVES WEEK

8TH AUGUST - 11TH AUGUST 2023

The Organising Authority [OA] is
Sullagh Harbour Sailing Club.

SAILING INSTRUCTIONS

1 RULES

- 1.1 Racing will be governed by the 'Rules' as defined in the World Sailing Racing Rules of Sailing 2021 – 2024 (RRS) with Irish Sailing (IS) Prescriptions and the following, as appropriate:
 - (a) The current Rules of IRC Handicap system as promoted jointly by the RORC and UNCL with the exception of Rule 22.4 which is not applicable for this event.
 - (b) The ECHO handicap system rules as promoted by the ISA.
- 1.2 Each entry will be assigned an initial ECHO Handicap based on the current IS Handicap list which may be adjusted based on event historical data and data gathered from the various other events. A system of progressive ECHO handicapping, where each boat's handicap is automatically adjusted on the basis of performance in each race, will apply. The act of handicap adjustment or failure to adjust will not be grounds for redress (Amends RRS 60.1)
- 1.3 Specific Rules for White Sails
 - 1.3.1 The use of Gennakers, Bloopers, Cruising Chutes and Spinnakers or other purpose-built downwind sails is prohibited.
 - 1.3.2 Spinnaker poles and or whisker poles are allowed for poling out headsails.
 - 1.3.3 Yachts shall only use one headsail at a time.
 - 1.3.4 Roller reefing is permitted for white sail class Progressive Handicap.
 - 1.3.5 The Jockey Rule is part of the Echo Rules which states that Owners / Skippers shall declare to the Race Committee non-regular crew who may significantly enhance the performance of the yacht.
 - 1.3.6 Owners / Skippers shall declare to the race committee any physical change to the yacht that may significantly enhance the performance of the yacht e.g. new suit of sails, etc.
 - 1.3.7 White sail competitors and crew shall conform to the World Sailing regulation 22.2.1 group 1a (a competitor who takes part in racing only as a pastime)
- 1.4 In the interests of fair sailing, the Organising Authority reserves the right to allocate any boat to any class. You will be advised of the class to which you have been allocated at registration.
- 1.5 World Sailing Regulation 20 applies. Competitors may be required to carry advertising for Event Sponsors. The form and nature of such advertising will be confirmed at registration.
- 1.6 Competitors may be required to fly a Calves Week flag at all times should the main sponsor request it. This will be confirmed at registration.

2 CD ENVIRONMENTAL CALVES WEEK 2021 SCHEDULE OF RACES

The fleet will consist of 7 classes: - **Class 0, Class 1, Class 2, Class 3, Class 4, White Sail 1 & White Sail 2.**

Date	Race	First Warning Signal	Starting Sequence	Start & Finish Location
Monday 7th August	Race Office at the Fastnet Marine Outdoor Education Centre opens at 14:00 hrs Registration from 14:30 hrs to 17:00			
Tuesday 8th August	Skippers briefing at Fastnet Marine Outdoor Education Centre at 09:00 Hours The Race Office will be open at this location each day from 09:30 to 10:00			
	Race 1 Round the Islands-Marks	11:30 Hours	Class 0 Class 1 Class 2 White Sail 1 Class 3 Class 4 White Sail 2	Start near Copper Point or Inside Harbour Finish Inside Schull Harbour
Wednesday 9th August	Race 2 Fastnet Race	11:30 Hours	White Sail 2 White Sail 1 Class 4 Class 3 Class 2 Class 1 Class 0	Start near Copper Point or Inside Harbour
Thursday 10 th August	Race 3 Round the Islands-Marks	11:30 Hours	Class 0 Class 1 Class 2 White Sail 1 Class 3 Class 4 White Sail 2	Start near Copper Point or Inside Harbour Finish Inside Schull Harbour
Friday 11 th August	Race 4 Round the Islands-Marks	11:30 Hours	Class 0 Class 1 Class 2 White Sail 1 Class 3 Class 4 White Sail 2	Start near Copper Point or Inside Harbour Finish Inside Schull Harbour

The OA reserves the right to change the following: - Schedule of Races - Split or Combine Classes - Time of Starts and Courses to be sailed depending upon the prevailing conditions and the number of boats in each class.

TIMES OF HIGH & LOW WATER – COBH (LOCAL TIME) (- 00.40 for Schull)

Date	High Water			Low Water	
	Morning	Evening		Morning	Afternoon
<i>8th August</i>	<i>11.09</i>	<i>23.36</i>		<i>05.16</i>	<i>17.42</i>
<i>9th August</i>	<i>12.00</i>	<i>N/A</i>		<i>06:07</i>	<i>18.37</i>
<i>10th August</i>	<i>00.31</i>	<i>13:.01</i>		<i>07.06</i>	<i>N/a</i>
<i>11th August</i>	<i>01.41</i>	<i>14:17</i>		<i>08:17</i>	<i>20:59</i>

3 SAFETY

- 3.1 The safety of a boat and her crew is the sole and inescapable responsibility of the person in charge who must do his best to ensure that the boat is fully found, thoroughly seaworthy and manned by an experienced crew who have undergone appropriate training and are physically fit and properly clothed to face the appropriate weather conditions.
- 3.2 Life jackets shall be worn in accordance with state regulations.
- 3.3 The person in charge must be satisfied as to the soundness of hull, steering equipment, spars, rigging, sails and all gear, he must ensure that all safety equipment is property maintained and stowed and that the crew knows where it is kept and how it is to be used.
- 3.4 The person in charge accepts that the responsibility for a boat's decision to participate in a race or to continue racing is his alone.
- 3.5 Each boat shall have a minimum of two crew, there is no maximum. (Skipper plus one other person complies with this rule).
- 3.6 Neither these regulations nor any action of the organizing authority in any way limits or reduces the complete and unlimited responsibility of the owner or the person in charge.
- 3.7 Anchors shall not be allowed over the bow at any time during racing but must be kept on board at all times.

4 HINDERING BOATS AT START LINE

[DP] Boats not racing shall avoid the area of the start line and shall not hinder boats preparing to start. The Race Committee may penalize a boat for failing to comply with this Sailing Instruction with a score of its discretion, including DNC. This changes RRS 63.1 and A5


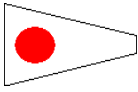
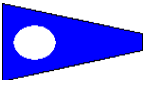
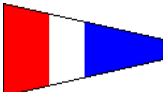
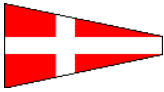
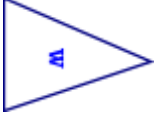
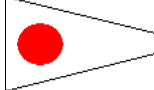
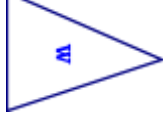
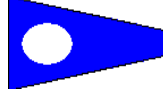


5 CLASS FLAGS

A boat shall prominently display its correct class flag from its backstay at all times while racing. A boat not doing so may be scored DNF; this changes RRS A5.

The white sail class must display their appropriate flags properly, i.e. white sail class flag over 1 or white sail class flag over 2.

The following are the class flags:

Class	0	1	2	3	4	WS 1	WS 2
Flag						 	 

6 SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed from the flagpole in front of the Fastnet Marine Outdoor Education Centre.

7 OFFICIAL NOTICE BOARD - CHANGES IN SAILING INSTRUCTIONS AND NOTICES TO COMPETITORS

- 7.1 Changes in Sailing Instructions and/or Notices to Competitors will be posted on the online event official notice board
<https://www.racingrulesofsailing.org/documents/6596/event?name=cd-environmental-calves-week> . A sheet with a QR code will be provided to each boat at registration
- 7.2 Announcements may be made on the Whatsapp Group “**CD Environmental Calves Week Information**” to draw competitors attention to updates and changes on the official notice board. The omission of any announcement will not be grounds for a request for redress. This changes RRS 62.1(a).
- 7.3 All skippers/owners’ representatives will be added to this group. Others may be added on request by sending an email to CalvesRaceManagement@gmail.com with a phone number and the reason for requesting addition. All reasonable requests will be facilitated but the decision of the OA will be final. The omission of addition will not be grounds for a request for redress. This changes RRS 62.1(a).
- 7.4 Changes to these Sailing instructions will be posted on the official notice board not later than 1030 on the day they are to take effect.
- 7.5 Results will be posted online at https://www.shsc.ie/calves_week.html

8 MARKS AND COURSES.

- 8.1 Courses will be determined by the Race Committee & displayed on a board on the committee boat on the day of the race.

8.2 Course details may be **announced on VHF channel 69** prior to the start of each class race.

8.3 A chart showing the positions of the permanently laid marks is available on registration.

9 START & FINISH LINE

9.1 The Start/Finish Line shall be between the red and white pole on the committee boat and an outer distance mark (ODM) which shall be a Dan Buoy.

9.2 An Inner Distance Mark [IDM], which may not be on the line, may be laid. Boats shall not sail between this mark and the committee boat AT ANY TIME.

9.3 The committee boat is a mark of the course only at the start and finish of the race.

10 THE START

10.1 Starts will be in accordance with RRS 26, except for the change in Preparatory Signal Flags and with the possible amendment detailed in the succeeding paragraph.

10.2 Successive starting procedure will be as follows: warning signal for the subsequent fleet will take place not less than **two minutes** after the starting signal of the previous fleet.

Mins Before Start	Signal	Flag	Sound Signal
5 mins	Warning	Class Flag	1 Sound
4 mins	Preparatory	P,U,Z. This changes RRS26	1 Sound
1 mins	One-Minute	Preparatory Flag Removed	1 Sound
0 mins	Starting	Class Flag Removed	1 Sound

10.3 If Flag U has been displayed as the Preparatory Signal, no part of a boat's hull, crew or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified she shall be disqualified without a hearing but not if the race is restarted or resailed or postponed or abandoned before the starting signal. This changes Rule 26 and Rule 30.3

10.4 If Flag Z has been displayed as the Preparatory Signal, no part of a boat's hull, crew or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified she shall receive without a hearing a 20% scoring penalty calculated as stated in RRS 44(c). She shall be penalised even if the race is restarted or resailed but not if it is *postponed or abandoned* before the starting signal. If she is similarly identified during a subsequent attempt to start the same race, she shall receive an additional 20% scoring penalty. This changes Rule 26 and Rule 30.2.

10.5 In addition to RRS 29.1, the race committee may attempt to broadcast individual OCS recalls by sail number on the VHF channel as soon as practical, but not less than 1 minute after the start. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a request for redress. This changes RRS 62.1(a).

The Race Officer may combine class starts with other classes - this will be indicated by the class flags on the committee boat and will be announced on VHF channel 69

- 10.6 In the event of a General Recall, the offending class shall restart ASAP (i.e. subsequent class starts are delayed accordingly)
- 10.7 A boat starting later than 5 minutes after her starting signal shall be scored DNS. This changes RRS A4.1

11 THE FINISH

The finishing line will be, unless shortened between a red and white pole on the finishing vessel displaying a blue flag and a laid mark or between the finishing vessel and Mark Number 6, as indicated.

12 ALTERNATIVE PENALTIES

- 12.1 RRS 44 will not apply. A boat that may have broken a rule of Part 2 of the RRS or RRS 31 (Touching a mark) while racing may take a time penalty of 1% unless she gained a significant advantage in the race or caused serious damage to another boat whilst racing, in which case she shall retire. When in the same incident a boat has broken a rule of Part 2 and touched a mark, she need take only one penalty.
- 12.2 A boat taking a time penalty of 1% under this section shall:
- DISPLAY a code flag Q (yellow flag) from the first reasonable opportunity after the incident continuously until 5 minutes after finishing;
 - DRAW attention to the flag as she is finishing;
- 12.3 REPORT her acknowledgement online and setting out the nature of the infringement (boat infringed against and/or mark touched etc.) to the Protest Committee by the expiry of the protest time limit. The report shall be on a specific form at https://www.racingrulesofsailing.org/penalty_reports/new?event_id=6596 When one boat in a protest has not already accepted a penalty in accordance with the section above and acknowledges, prior to hearing, an infringement of a rule of Part 2 of the RRS or RRS 31, she shall receive a penalty of 3% of her elapsed time.
- 12.4 A boat that accepts a time penalty may protest with respect to the same incident but her penalty will not be affected.
- 12.5 A boat that takes a penalty shall not be penalized further with respect to the same incident unless she failed to retire when required to do so.
- 12.6 The application of a time penalty shall not cause a boat to be scored as having finished outside the time limit.
- 12.7 The level of penalties (other than time penalties specifically defined in these S.I's) for infringements of the Rules shall be at the discretion of the Protest Committee and may be disqualification, a time penalty or no penalty. This changes RRS 64.1.

13 TIME LIMITS

The time limit shall be 6 hours from the start time of the class. If a boat finishes within the time limit, remaining boats in that class shall have a further 60 minutes, from the time of the first boat to finish in each class or the stated time limit, whichever is longer.

14 SCORING

- 14.1 The scoring system is as follows:
The Low Point System in accordance with RRS Appendix A with the following modifications:
OCS, RAF, DNF, = 1 point plus number of finishers for the race.
DSQ = 2 points plus the number of finishers for the race.
DNS & DNC = 4 points plus number of finishers for the race.

- 14.2 3 races are required to be completed to constitute a series.
- 14.3 (a) When 3 or fewer races have been completed, a boat's series score will be the total of her race scores.
(b) When 4 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

15 PRIZES

- 15.1 Daily prizes will be awarded for first and second places only in IRC & Echo.
- 15.2 Overall prizes will be awarded to the first three boats.
- 15.3 Notwithstanding that a boat may be placed under both handicap systems a boat shall not be awarded multiple prizes for that day; in that event the IRC prize will take precedence.

16 NOTIFICATION OF TAKING ALTERNATIVE PENALTIES AND INTENTION TO PROTEST

- 16.1 Competitors are reminded of the requirement under S.I 12 to notify the committee boat of having taken an alternative penalty before leaving the finish area.
- 16.2 In addition to the requirements under RRS 61 boats shall draw the attention of the Committee Boat to an intention to protest **before leaving the finish area.**

17 HEARING REQUESTS

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

- 17.1 Hearing request forms are available here
https://www.racingrulesofsailing.org/protests/new?event_id=6596
- 17.2 The protest time limit is 60 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board
- 17.4 On receipt of a valid protest dealing with a breach of a rule in Part 2 of the RRS or RRS 31 (Touching a Mark) the Protest Committee may offer arbitration for the purposes of facilitating a hearing under Appendix T of the 2021-2024 Racing Rules of Sailing.
- 17.5 The OA will contact the parties to the hearing to inform them of the time and place for the hearing and will furnish the parties with a copy of the hearing request which may be by way of a weblink. The time and place of the hearing will be published on the official Notice Board and repeated on the WhatsApp Group "**CD Environmental Calves Week Information**" which will be deemed as notifying all parties of the time and place of the hearing. It is then the responsibility of the parties to present themselves and any witnesses they wish to call for the hearing
- 17.7 The arbitration and protest hearings at the sole discretion of the OA may be conducted in person or remotely.
- 17.8 Should the hearings be held remotely; the club may appoint an additional attendee for the purposes of assisting the arbitrator and the protest committee in the orderly running of the hearings. The orderly running of the meetings may involve contributors being muted and moved from the meeting to a waiting area or asked to leave or be removed from a meeting temporarily.

18 RADIO COMMUNICATIONS

- 18.1 Competitors are advised to keep a listening watch on VHF Channel 69 where information relevant to racing may be broadcast. Should this information be broadcast, it shall not constitute outside assistance and shall not be the subject of any protest. Failure to broadcast this information shall not be the basis for any claim for redress.
- 18.2 [DP] [NP] Competitors who retire from a race shall inform the Race Committee promptly by radio on VHF Channel 69.
- 18.3 [DP] [NP] Competitors who do not start in any race shall inform the Race Committee promptly.

19 DISCLAIMER OF LIABILITY

No responsibility will be accepted by SCHULL HARBOUR SAILING CLUB, FASTNET MARINE OUTDOOR EDUCATION CENTRE, their members, servants or agents, nor those officials or members connected with the event for any loss, damage, injury or other claim of whatever nature howsoever arising or caused in connection with participation in, or intended participation in, this event, Owner's shall acknowledge their responsibility on the official Entry Form and draw attention of their crew and associates to this disclaimer.

20 RISK STATEMENT

Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- f) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.

21 INSURANCE

Boat owners and crew shall ensure that they are adequately insured against loss, damage or injury to persons, boats or equipment at all times and however occurring and shall maintain adequate third-party insurance cover and shall produce a valid certificate of insurance upon request.

22 FERRY SERVICE

While sufficient ferries will be in operation, the OA is anxious to avoid congestion on the pier. Competitors are therefore urged to allow ample time to get to their boats each morning.

23 CONSIDERATION OF NON COMPETITORS

The Organising Authority is dependent on the goodwill of all harbour users as well as the community of Schull for the continued successful running of this event. To ensure the continuing of this goodwill we ask participants and competitors to be considerate of other harbour users who may not be participating in this event in particular any commercial users who access the pier for the purposes of their business. We also ask that competitors be mindful of general road safety on the Main Street and to obey any requests of any stewards that are on duty in that area.

We would like to thank the following for their generous contributions.

C D Environmental
Parnells
Land Rover
West Cork Irish Whiskey
Eurostyle
UK Sailmakers Ireland
Rossbrin Boatyard Ltd.



WEST CORK
· TRIPLE DISTILLED ·
IRISH WHISKEY