

# SAILING INSTRUCTIONS

## CALVES WEEK

6<sup>TH</sup> AUGUST - 9<sup>TH</sup> AUGUST 2019



**GAS**  
CALVES  
WEEK **19**



The Organising  
Authority [OA] is  
Schull Harbour  
Sailing Club.



# SAILING INSTRUCTIONS

## 1 RULES

- 1.1 Racing will be governed by the 'Rules' as defined in the Racing Rules of Sailing 2017 – 2020 (RRS) with Irish Sailing Association (ISA) Prescriptions and the following, as appropriate:
- (a) The current Rules of the IRC.
  - (b) The ECHO handicap system rules.
  - (c) These Sailing Instructions will take precedence should there be any conflict with any of the above rules or information in The Notice of Race.
- 1.2 Each entry will be assigned an initial ECHO Handicap based on the current SCORA Handicap lists and data gathered from the various handicap authorities. A system of progressive ECHO handicapping, where each boat's handicap is automatically adjusted on the basis of performance in each race, will apply. The act of handicap adjustment or failure to adjust will not be grounds for redress (Amends RRS 60.1)
- 1.3 Specific Rules for White Sail
- 1.3.1 The use of Gennakers, Bloopers and Spinnakers or other purpose built downwind sails is prohibited.
  - 1.3.2 Spinnaker poles and or whisker poles are allowed for poling out headsails.
  - 1.3.3 Yachts shall only use one headsail at a time.
  - 1.3.4 Roller reefing is encouraged for white sail class Progressive Handicap.
  - 1.3.5 The Jockey Rule is part of the Echo Rules which states that Owners / Skippers shall declare to the Race Committee non-regular crew who may significantly enhance the performance of the yacht.
  - 1.3.6 Owners / Skippers shall declare to the race committee any physical change to the yacht that may significantly enhance the performance of the yacht e.g. new suit of sails, etc.
  - 1.3.7 White sail competitors shall conform to the ISAF regulation 22.2.1 group 1a (a competitor who takes part in racing only as a pastime)
- 1.4 In the interests of fair sailing, the Organising Authority reserves the right to allocate any boat to any class. You will be advised of the class to which you have been allocated at registration. A minimum of 5 boats is required to constitute a class. This may be altered at the discretion of the OA.
- 1.5 IRC certificates for Cruisers shall be ENDORSED for classes 0, 1, 2 & 3 and must have a VALIDITY DATE no later than Friday 2nd August 2019. This date may be extended in extraordinary circumstances at the sole discretion of the OA.
- 1.6 White Sail 1, White Sail 2 and Class 4 shall be scored under UNENDORSED IRC and progressive ECHO.
- 1.7 This is a CATEGORY C event [ISAF REG 20]. Competitors may be required to carry advertising for Event Sponsors.
- 1.8 Competitors in all classes shall comply with the rules of eligibility as set out in the Notice of Race.
- 1.9 Competitors may be required to fly a Calves Week flag at all times should the main sponsor request it, this will be confirmed at the skippers briefing.



## 2 GAS CALVES WEEK 2019 SCHEDULE OF RACES

The fleet will consist of 6 classes:- Class 0/1, Class 2, Class 3, Class 4, White Sail 1 & White Sail 2.

Date	Race	First Gun	Starting Sequence	Start & Finish Location
Monday 5 <sup>th</sup> August	Race Office opens at 14:00 hrs Registration from 16:30 hrs Followed by Cork Dry Gin Reception in the Fastnet Marine Outdoor Education Centre – 17:30 – 19:30 hrs			
Tuesday 6 <sup>th</sup> August	Skippers briefing in the Race office  Race 1 Round the Islands-Marks	09:30-09:45 hrs  11:55 hrs	Class 0/1 Class 2 Class 3&4 White Sail 1 White Sail 2	Start near Copper Point or Inside Harbour  Finish Inside Schull Harbour
Wednesday 7 <sup>th</sup> August	Race 2 Round the Islands-Marks	11:55hrs	Class 0/1 Class 2 Class 3&4 White Sail 1 White Sail 2	Start near Copper Point or Inside Harbour  Finish Inside Schull Harbour
Thursday 8 <sup>th</sup> August	Race 3 Fastnet Race	11:55hrs	White Sail 2 White Sail 1 Class 3&4 Class 2 Class 1	Start near Copper Point or Inside Harbour  Finish Inside Schull Harbour
Friday 9 <sup>th</sup> August	Race 4 Round the Islands-Marks	11:55hrs	Class 0/1 Class 2 Class 3&4 White Sail 1 White Sail 2	Start near Copper Point or Inside Harbour  Finish Inside Schull Harbour

The OA reserves the right to change the following:- Schedule of Races - Split or Combine Classes - Time of Starts and Courses to be sailed depending upon the prevailing conditions and the number of boats in each class.



## TIMES OF HIGH & LOW WATER – COBH (- 00.40 for Schull)

Date	High Water		Low Water	
	Morning	Afternoon	Morning	Afternoon
6th Aug	10.12	22.36	04.19	16.40
7th Aug	11.01	23.26	05.08	17.30
8th Aug	11.53	00.00	06.02	18.26
9th Aug	00.23	12.54	07.03	19.32

### 3 SAFETY

- 3.1 All owners must ensure that their boat and crew comply with the ISAF Category Four recommendations for cruiser racing.
- 3.2 The safety of a boat and her crew is the sole and inescapable responsibility of the person in charge who must do his best to ensure that the boat is fully found, thoroughly seaworthy and manned by an experienced crew who have undergone appropriate training and are physically fit and properly clothed to face the appropriate weather conditions.
- 3.3 Life jackets shall be worn in accordance with state regulations.
- 3.4 The person in charge must be satisfied as to the soundness of hull, steering equipment, spars, rigging, sails and all gear, he must ensure that all safety equipment is property maintained and stowed and that the crew knows where it is kept and how it is to be used.
- 3.5 The person in charge accepts that the responsibility for a boat's decision to participate in a race or to continue racing is his alone.
- 3.6 Each boat shall have a minimum of two crew, there is no maximum. (Skipper plus one other person complies with this rule).
- 3.7 Neither these regulations nor any action of the organizing authority in any way limits or reduces the complete and unlimited responsibility of the owner or the person in charge.
- 3.8 Anchors shall not be allowed over the bow at any time during racing but must be kept on board at all times.
- 3.9 Crew position - Rule 49.2 shall apply at all times. Competitors shall not position any part of their torsos outside the lifelines except briefly to perform a necessary task.

### 4 HINDERING BOATS AT START LINE


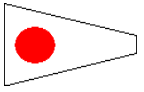
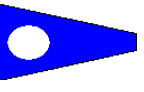
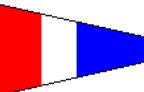

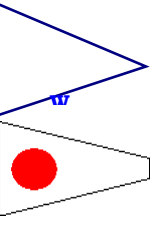
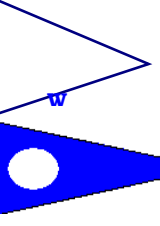
Boats not in their starting sequence shall avoid the area of the start line and shall not hinder boats preparing to start. The Organizing Committee may penalize a boat for failing to comply with this Sailing Instruction with a score of its discretion, including DNC.

### 5 CLASS FLAGS

A boat shall prominently display its correct class flag from its backstay at all times while racing. A boat not doing so may be scored DNF; this changes RRS A5.

The white sail class must display their appropriate flags properly, i.e. white sail class flag over 1 or white sail class flag over 2.

The following are the class flags:

Class	0	1	2	3	4	WS 1	WS 2
Flag							



## 6 SIGNALS MADE ASHORE



- 6.1 Signals made ashore will be displayed from the flagpole in front of the Fastnet Marine Centre.
- 6.2 When the following international Code flags shown above are displayed from the flagpole they mean:
  - 6.2.1 ICF 'AP' [superior to class flag(s)] - 'Today's race is postponed. Do not leave the harbour area. The warning signal will be made not less than 30 minutes after the lowering of this signal.'
  - 6.2.2 ICF 'L' indicates that a change in the sailing instructions or a notice to competitors has been posted on the Notice Board.

## 7 OFFICIAL NOTICE BOARD - CHANGES IN SAILING INSTRUCTIONS AND NOTICES TO COMPETITORS

- 7.1 Changes in Sailing Instructions and/or Notices to Competitors will be posted on the Official Notice Board, which is located in the Race Office in the FASTNET MARINE CENTRE,
- 7.2 Changes to these Sailing instructions will be posted not later than 1030 on the day they are to take effect.

## 8 MARKS AND COURSES.

- 8.1 Courses may be taken from the Calves Week 2019 Course Card or a course announced & displayed on a board on the committee boat
- 8.2 Details of courses will be displayed on a board on the Committee Boat on day of the race. Course details may be **announced on VHF channel 69** prior to the start of each class race.
- 8.3 A chart showing the positions of the permanently laid marks is available on registration.

## 9 START & FINISH LINE

- 9.1 The Start/Finish Line shall be between the red and white pole on the committee boat and an outer distance mark (ODM) which shall be a Dan Buoy.
- 9.2 An Inner Distance Mark [IDM], which may not be on the line, may be laid. Boats shall not sail between this mark and the committee boat AT ANY TIME.
- 9.3 A buoy / fender may be laid off the stern of the committee boat: Boats shall not sail between this buoy / fender and the committee boat at any time.
- 9.4 The committee boat is a mark of the course at the start and finish of the race.

## 10 ORDER OF STARTS

- 10.1 Starts will be in accordance with RRS 26, except for the change in Preparatory Signal Flags and with the possible amendment detailed in the succeeding paragraph.
- 10.2 Successive starting procedure will be as follows, warning signal for the subsequent fleet will take place one minute after the starting signal of the previous fleet.

Mins Before Start	Signal	Flag	Sound Signal
5 mins	Warning	Class Flag	1 Sound
4 mins	Preparatory	P,U,Z. This changes RRS26	1 Sound
1 mins	One-Minute	Preparatory Flag Removed	1 Sound
0 mins	Starting	Class Flag Removed	1 Sound

- 10.2 If Flag U has been displayed as the Preparatory Signal, no part of a boat's hull, crew or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified she shall be disqualified without a hearing but not if the race is restarted or resailed or postponed or abandoned before the starting signal or as soon as possible. This changes Rule 26.
- 10.3 In addition to RRS 29.1, the race committee may attempt to broadcast individual OCS recalls by sail number on the VHF channel as soon as practical, but not less than 1 minute after the start. Failure to do so will not be grounds for redress. This changes Rule 62.1(a).
- 10.4 The order of starts may be:-
- |                    |                       |
|--------------------|-----------------------|
| Start 1: Class 0/1 | Start 4: White Sail 1 |
| Start 2: Class 2   | Start 5: White Sail 2 |
| Start 3: Class 3&4 |                       |
- 10.5 Exceptions: - Thursday 8th August – Fastnet Race starts may be in reverse order:
- |                       |                   |
|-----------------------|-------------------|
| Start 1: White Sail 2 | Start 4: Class 2  |
| Start 2: White Sail 1 | Start 5 : Class 1 |
| Start 3: Class 3&4    |                   |
- It is the intention to start as per 10.4 & 10.5 above. However the Race Officer may combine class starts with other classes - this will be indicated by the class flags on the committee boat and will be announced on VHF channel 69
- 10.6 In the event of a General Recall, the offending class shall restart ASAP (i.e. subsequent class starts are delayed accordingly)

## 11 LATE STARTING

A boat starting later than 5 minutes after her starting signal shall be scored DNS.  
This changes RRS A4. 1

## 12 ALTERNATIVE PENALTIES

- 12.1 RRS 44 will not apply. A boat that may have broken a rule of Part 2 of the RRS or RRS 31 (Touching a mark) while racing may take a time penalty of 1% unless she gained a significant advantage in the race or caused serious damage to another boat whilst racing, in which case she shall retire. When in the same incident a boat has broken a rule of Part 2 and touched a mark, she need take only one penalty.
- 12.2 A boat taking a time penalty of 1% under this section shall:
- DISPLAY a code flag Q ( yellow flag ) from the first reasonable opportunity after the incident continuously until 5 minutes after finishing;
  - DRAW attention to the flag as she is finishing;
  - REPORT her acknowledgement in person at the Race Office and identify the nature of the infringement (boat infringed against and/or mark touched etc.) to the Protest Committee by the expiry of the protest time limit. The report shall be on a specific form available in the Race Office.
- 12.3 When one boat in a protest has not already accepted a penalty in accordance with the section above and acknowledges, prior to hearing, an infringement of a rule of Part 2 of the RRS or RRS 31, she shall receive a penalty of 3% of her elapsed time.
- 12.4 A boat that accepts a time penalty may protest with respect to the same incident but her penalty will not be affected.
- 12.5 A boat that takes a penalty shall not be penalized further with respect to the same incident unless she failed to retire when required to do so.
- 12.6 The application of a time penalty shall not cause a boat to be scored as having finished outside the time limit.
- 12.7 The level of penalties (other than time penalties specifically defined in these S.P's) for infringements of the Rules shall be at the discretion of the Protest Committee and may be disqualification, a time penalty or no penalty. This changes RRS 64.1.

## 13 TIME LIMITS

The time limit shall be 5 hours from the start time of the class, except for the Fastnet Race, when the time limit shall be 6 hours from the start time of the class. If a boat finishes within the time limit, remaining boats in that class shall have a further 40 minutes, from the time of the first boat to finish in each class.

## 14 SCORING AND DISCARDS

- 14.1 The scoring system is as follows:  
The Low Point System in accordance with RRS Appendix A with the following modifications:  
OCS, RAF, DNF, = 1 point plus number of finishers for the race.  
DSQ = 2 points plus the number of finishers for the race.  
DNS & DNC = 4 points plus number of finishers for the race.
- 14.2 3 races are required to be completed to constitute a series.
- 14.3 (a) When 3 or fewer races have been completed, a boat's series score will be the total of her race scores.  
(b) When 4 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

## 15 Prizes

- 15.1 Daily prizes will be awarded for first and second places only in IRC & Echo.
- 15.2 Overall prizes will be awarded to the first three boats.
- 15.3 Notwithstanding that a boat may be placed under both handicap systems a boat shall not be awarded multiple prizes for that day; in that event the IRC prize will take precedence.

## 16 NOTIFICATION OF TAKING ALTERNATIVE PENALTIES AND INTENTION TO PROTEST

- 16.1 Competitors are reminded of the requirement under S.I 12 to notify the committee boat of having taken an alternative penalty before leaving the finish area.
- 16.2 In addition to the requirements under RRS 61 boats shall draw the attention of the Committee Boat to an intention to protest **before leaving the finish area.**

## 17 PROTESTS

- 17.1 All protests shall be lodged only on official Protest Forms, which will be available at the Race Office.
- 17.2 Protests shall be lodged at the Race Office as soon as possible and in any case within 60 minutes after the last boat in the race finishes, unless the Protest Committee has reason to extend this time. This changes RRS 61.3
- 17.3 It is the responsibility of the PROTESTOR to make all reasonable attempts to inform the PROTESTEE of the lodging of the protest and to supply him with a copy thereof. The time and venue of each protest will be indicated on the notice board within 30 minutes of the expiry of the time limit for the lodging of protests. It is the responsibility of all parties thereafter to attend at the time and place of any hearing with their witnesses.

## 18 ARBITRATION

- 18.1 As an alternative to a full protest hearing, an arbitration system may be used. When all parties to an incident agree, a Protest Arbitrator, appointed by the race office may decide a protest. Such arbitration shall replace the protest hearing required under RRS 63. The system may only be used if before the hearing all parties agree to accept the arbitration decision as final. All the parties shall have the opportunity of stating their case. The Arbitrator shall have total discretion as to whether any witness will be called. At any time during the hearing he may terminate the arbitration and refer the incident to a full protest committee hearing; otherwise, at the conclusion of the arbitration hearing he will reach a decision.
- 18.2 Any party found to have infringed a rule shall not be disqualified but shall instead incur a 35% place penalty. No penalty shall result in a score, which would exceed that of a disqualification. Any decision shall be final; however a request for reopening may be made under RRS 66.
- 18.3 When any party, at the time when arbitration is offered, declines to accept arbitration a full protest hearing shall take place.

**19 RADIO COMMUNICATIONS**

- 19.1 Competitors are advised to keep a listening watch on VHF Channel 69 where information relevant to racing may be broadcast. Should this information be broadcast, it shall not constitute outside assistance and shall not be the subject of any protest. Failure to broadcast this information shall not be the basis for any claim for redress.
- 19.2 Competitors who retire from a race shall inform the Race Committee promptly by radio on VHF Channel 69.
- 19.3 Competitors who do not start in any race shall inform the Race Committee promptly.

**20 DISCLAIMER OF LIABILITY**

No responsibility will be accepted by SCHULL HARBOUR SAILING CLUB, FASTNET MARINE OUTDOOR EDUCATION CENTRE, their members, servants or agents, nor those officials or members connected with the event for any loss, damage, injury or other claim of whatever nature howsoever arising or caused in connection with participation in, or intended participation in, this event, Owner's shall acknowledge their responsibility on the official Entry Form and draw attention of their crew and associates to this disclaimer.

**21 INSURANCE**

Boat owners and crew shall ensure that they are adequately insured against loss, damage or injury to persons, boats or equipment at all times and however occurring and shall maintain adequate third party insurance cover and shall produce a valid certificate of insurance upon request.

**22 FERRY SERVICE**

While 3 ferries will be in operation, the OA is anxious to avoid congestion on the pier. Competitors are therefore urged to allow ample time to get to their boats each morning.

*We would like to thank the following for their generous contributions.*

**Gas Analysis Services  
Parnells  
Land Rover  
Fimak Group Ltd  
Cork Dry Gin  
Eurostyle  
UK Sailmakers Ireland  
Rossbrin Boatyard Ltd.  
Schull Business Association**